

Chickpea and Bacon Soup

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This hearty soup is a cinch to throw together - just make sure you keep the ingredients in your kitchen cupboards. Simple and warming, this is a great dish to serve to children just in from school or for your lunch.

Ingredients:

400g tin chickpeas, drained
300ml passata with herbs
400ml ham stock
1 chopped onion
4 rashers of thick bacon
1 tsp. dried chillies
1 crushed garlic clove

Directions:

1. Finely chop the onion and the bacon.
2. Dry fry the bacon until it begins to release some oil, then add the onion. Cook until softened and translucent, then add the garlic.
3. Stir in the passata and ham stock, made with stock cubes. Stir in the chickpeas and chilli then bring to a simmer.
4. Simmer for ten minutes then serve.

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