Roasted Red Pepper with Chickpeas

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This sweet and ever so slightly tangy salad is made from roasted red peppers, creamy chickpeas, spiky capers, lemon juice, garlic cloves and fresh mint. The resulting dish is a wonderfully tasty salad perfect for serving with lamb or pork chops.

Ingredients:

4 red peppers
700g chickpeas, drained weight
4 tbsp. olive oil
3 tbsp. lemon juice
1 tbsp. capers
3 tbsp. freshly chopped mint
2 cloves of garlic
Salt and pepper

Directions:

- 1. Heat the oven to 220C. Cut the peppers in half and lay them open side down on a baking tray. Brush skins with half of the olive oil, then roast until the skins are blackened and can be peeled off.
- 2. Allow the peppers to cool before removing the seeds and cutting into strips. Finely slice the garlic cloves.
- 3. Whisk together the rest of the olive oil and the lemon juice and season well with salt and pepper.
- 3. Toss the chickpeas, red peppers, capers, mint, garlic and lemon dressing together, then season again if necessary.

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